

# Childcare Policy Change to Help Moms & Facilitators Connect & Focus

## CREATING A SAFE SPACE FOR MOMS AND DADS MEANS CREATING A KID FREE ZONE

### **Childcare Expectations:**

- Children who are crawling and older must remain in the designated childcare area during all classes and support sessions.
- The childcare area is intended to provide a safe, engaging, and structured environment for children while their parents participate in the class or support session.

### **Soothing and Communication:**

- If a child requires soothing or immediate attention, parents will be notified as follows:
  - Step 1: A text message will be sent to the parent notifying them that their child needs attention.
  - Step 2: If the parent does not respond to the text within a reasonable timeframe, a childcare team member will personally come to the session to inform the parent that their child needs them.
- In the event that a parent needs to step out to soothe their child, the class or support session will continue as planned, and the session will be streamed live in the lobby for parents who may need to step out briefly. This will allow parents to remain connected to the class while taking care of their child.

### **If a Child Refuses to Stay in Childcare:**

- If a child is unwilling to remain in childcare and the parent prefers not to watch the session in the lobby, we respectfully ask that the family try again at a future session when the child may be more comfortable.
- Our goal is to maintain a calm and focused environment for all participants, and we want to ensure that each parent can engage fully with the session while also feeling confident that their child is in a safe, nurturing environment.

### **Purpose of This Policy:**

- This policy is designed to ensure a calm, focused, and supportive atmosphere for all participants during classes and support sessions.
- By providing structured childcare, we aim to help parents participate fully in the sessions while also ensuring their children's needs are met in a safe and age-appropriate manner.

We appreciate your understanding and cooperation in making this policy a success for everyone involved. If you have any questions or concerns about this new policy, please feel free to reach out to the team at Mothers Helping Mothers. Thank you for helping us create a supportive and effective environment for all of our families!

## Have Questions?



### **ASK FOR BRANDY OR STARLA**

Starla is the Childcare Team Leader and is excited to help care for your children as you learn new skills to bring home to your family and gain the support you need.

